



SIMPLE MEASUREMENT CONVERSIONS

	DRY OUNCES	FLUID OUNCES	LITERS
1 TABLESPOON	3 TEASPOONS	½ FLUID OUNCE	15 ML
1/8 CUP	2 TABLESPOONS	1 FLUID OUNCE	30 ML
1/4 CUP	4 TABLESPOONS	2 FLUID OUNCES	60 ML
1/3 CUP	5 TABLESPOONS + 1 TEASPOON	2.5 FLUID OUNCES	155 ML
1/2 CUP	8 TABLESPOONS	4 FLUID OUNCES	120 ML
2/3 CUP	10 TABLESPOONS + 2 TEASPOONS	5 FLUID OUNCES	310 ML
3/4 CUP	12 TABLESPOONS	6 FLUID OUNCES	180 ML
1 CUP	16 TABLESPOONS	8 FLUID OUNCES	240 ML
1 PINT	2 CUPS	16 FLUID OUNCES	480 ML
1 QUART	2 PINTS	32 FLUID OUNCES	.95 LITERS
1 GALLON	4 QUARTS	128 FLUID OUNCES	3.8 LITERS
1 POUND	16 OUNCES	15 FLUID OUNCES	.52 LITERS